

Agewell Older People's Champions

HERE TO HELP!

Maggie Turner is the Older People's Champion for Wednesbury & West Bromwich.



She works three days a week and, during that time, is available to visit older people in their homes and listen to their issues and concerns. She has a wealth of knowledge and experience of local services and activities which are available for older people.

If someone is feeling lonely and needs some support, **Maggie can help.**

It's simple to refer someone to the Agewell Older People's Champions service and it could really make a difference. Once a referral has been made, Maggie will make a home visit to establish what help is required. A maximum of eight visits can be made to any one individual.

The support provided may include:

- offering support with health, housing, transport or other issues
- sharing details of local activities for older people

- putting someone in touch with the services and organisations who can help
- encouraging someone to become more involved in their community



To make a referral, fill out a SAP1 form and contact Maggie on **07814 262 044** or **0121 289 3099**.

About Agewell

Funded by Sandwell Primary Care Trust, Agewell challenges ageism and promotes a positive role for local older people aged 50 and over.

In addition to providing Older People's Champions, other activities include local forum meetings to discuss important issues including health, housing and transport; the promotion of health schemes for older people including Active Sandwell activities and Extend (gentle exercise to music) classes and the delivery of Midlife Future Planning courses.

Contact us for more details.

Tel: **0121 289 3038**

Email: agewell@agewellinsandwell.org.uk

Web: www.agewellinsandwell.org.uk



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Agewell Older People's Champions

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Karen Owen is the Older People's Champion for Rowley Regis & Tipton.



She works three days a week and, during that time, is available to visit older people in their homes and listen to their issues and concerns. She has a wealth of knowledge and experience of local services and activities which are available for older people.

If someone is feeling lonely and needs some support, **Karen can help.**

It's simple to refer someone to the Agewell Older People's Champions service and it could really make a difference. Once a referral has been made, Karen will make a home visit to establish what help is required. A maximum of eight visits can be made to any one individual.

The support provided may include:

- offering support with health, housing, transport or other issues
- sharing details of local activities for older people

- putting someone in touch with the services and organisations who can help
- encouraging someone to become more involved in their community

To make a referral, fill out a SAP1 form and contact Karen on **07814 540 651** or **0121 289 3099**.



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