

Over 50 and living in Sandwell?

**... the Agewell Older People's
Champions are here for you**



Who are we?

We are the Agewell Older People's Champions. This means that if you live in Sandwell and are aged 50 and over, we're here to help you.

What do we do?

Whatever your issues or concerns we can help. We have a wealth of knowledge and experience of activities and services that exist for older people.

For example, you may be feeling lonely and need some support in getting out and about. You may want to join a group or try a new activity but don't know where to start. You may need some support with a health, housing or transport issue, or something else.

Why not give us a call?

Contact us



Edna Barker

Older People's
Champion for
Smethwick
& Oldbury

Tel: **07814 540 643**
or **0121 569 5335**



How can we help?

- We challenge the attitudes that exist towards older people and act as role models
- We offer support and advice and encourage older people to be more active socially and to get involved with their community
- We work with all older people in Sandwell whatever their needs
- We accept referrals from relatives, friends and neighbours who may be a little anxious about an older person
- We solve problems by putting you in touch with the services and organisations who will be able to help, supporting you throughout the whole process
- We can come to you at home to talk through how we can be of help



Maggie Turner

Older People's
Champion for
Wednesbury
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Tel: **07814 262 044**
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Karen Owen

Older People's
Champion for
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About Agewell

Agewell is an organisation whose key principles are to involve and consult people aged 50 and over in matters which affect their lives.

Funded by Sandwell Primary Care Trust, Agewell challenges ageism and promotes a positive role for local older people in the community by valuing their contribution and experience.

The provision of Older People's Champions is just one part of Agewell's work. Other activities include local forum meetings to discuss important issues including health, housing and transport; the promotion of health schemes for older people and the delivery of Midlife Future Planning courses.

Contact us for more details.

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Sandwell
Primary Care Trust

